

	Ing Enter		Fall Menu 1		
Ć	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Waffles* Bananas Milk	Corn Chex* Pears Milk	Cream of Wheat* Pineapples Milk	Wheat Flakes* Oranges Milk	Oatmeal* Bananas Milk
Lunch	Beef & Cheese Taco Salad*** Tortilla* Lettuce/Tom/Corn Peaches Milk	Chicken Gravy*** Biscuit* Green Beans Applesauce Milk	Beef Marinara Spaghetti* Peas & Carrots Peaches Milk	Refried Beans*** Tortilla* Coleslaw Pears Milk	Cheese Pizzette*** Pita* Broccoli Mandarin Oranges Milk
Vegetarian We substitute the meat protein with a vegetarian alternative.	Bean Taco Salad	Lentils & Biscuit	Marinara Tofu & Spaghetti	None	None
Snack	Cantaloupe & String Cheese	Orange Wedges & Bell Pepper Strips	Cinnamon Raisin Pancake*** & Applesauce	Strawberry Yogurt & Graham Crackers*	Egg & Cheese Tortilla*

- All milk served is unflavored. Children 2+ years old are served either low-fat (1%) or fat-free milk. 1 year old children are served whole milk.
- WGR or \* indicates whole grain rich.
- HM or \*\*\* indicates homemade.

In accordance with federal civil rights law and U.S. Department of  $\bigcirc$ Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.