AURARIA EARLY learning CENTER

Fall Menu 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Bran Flakes* Oranges Milk	Oatmeal* Pineapple Milk	Pancakes* Bananas Milk	Corn Chex* Pears Milk	Oatmeal* Apricots Milk
Lunch	Teriyaki Chicken*** Rice* Broccoli Peaches Milk	Refried Beans n Cheese Tortilla* Peas Mandarin Oranges Milk	Bean Minestrone*** Crackers* Carrots Pineapples Milk	Beef Marinara*** Spaghetti* Green Beans Peaches Milk	Chicken & Mozz Melt Burger Bun* Broccoli Pears Milk
Vegetarian We substitute the meat protein with a vegetarian alternative.	Teriyaki Tofu	None	None	Marinara Beans	Bean Burger
Snack	French Toast Sticks* & Applesauce	Hummus & Pita*	Turkey & Cheese Crepes*	Pineapple & Coconut Rice*	Guacamole & Chips*

- All milk served is unflavored. Children 2+ years old are served 2% milk. 1 year old children are served whole milk.
- WGR or * indicates whole grain rich.
- HM or *** indicates homemade.