

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|--|--|
| Breakfast | Corn Chex* Bananas Milk | Cream of Wheat* Pineapple Milk | Waffles* Peaches Milk | Wheat Flakes Cereal* Pears Milk | Ham & Cheese English Muffin Bananas Milk |
| Lunch | Refried Beans Tortilla* Peas & Carrots Applesauce Milk | Beef Marinara Spaghetti* Peas & Carrots Mandarin Oranges Milk | Garlic Chicken*** Rice* Broccoli Pineapples Milk | Beef Goulash Macaroni* Yellow Squash Applesauce Milk | Bean Chili Tortilla* Carrots Pineapples Milk |
| Vegetarian We substitute the meat protein with a vegetarian alternative. | None | Bean Marinara | Garlic Tofu | Bean Goulash | None |
| Snack | Pancakes & Strawberries | Toasted Oats* & Milk | Soft Pretzels* & Sun Butter | Raspberry Yogurt & Graham Cracker* | Cantaloupe & String Cheese |

- All milk served is unflavored. Children 2+ years old are served either low-fat (1%) or fat-free milk. 1 year old children are served whole milk.
- WGR or * indicates whole grain rich.
- HM or *** indicates homemade.