



AURARIA EARLY C	INS ENTER S	Winter Menu			
<b>Č</b>	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Corn Chex* Bananas Milk	Cream of Wheat* Pineapple Milk	Waffles* Peaches Milk	Wheat Flakes Cereal* Pears Milk	Pancakes* Bananas Milk
Lunch	Beef Marinara Spaghetti* Green Beans Applesauce Milk	Refried Beans*** Tortilla* Peas & Carrots Mandarin Oranges Milk	Orange Chicken*** Rice* Broccoli Pineapples Milk	Nigerian Beans*** Spaghetti* Carrots Applesauce Milk	Turkey & Swiss Pita* Lettuce & Tomato Pineapples Milk
Vegetarian We substitute the meat protein with a vegetarian alternative.	Marinara Tofu & Spaghetti	None	Orange Tofu & Rice	None	Bean Pattie
Snack	Cantaloupe & String Cheese	Tomato & Mozzarella Pasta* Salad***	Banana & Sun Butter Tortilla*	Raspberry Yogurt & Graham Cracker*	Veggie Soup*** & Crackers*

- All milk served is unflavored. Children 2+ years old are served either low-fat (1%) or fat-free milk. 1 year old children are served whole milk.
- ❤ WGR or \* indicates whole grain rich.
- HM or \*\*\* indicates homemade.



In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.