

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Wheat Flakes Cereal* Applesauce Milk	Oatmeal* Mandarin Oranges Milk	Pancakes* Pears Milk	Waffle* Bananas Milk	Corn Chex* Pineapple Milk
Lunch	Baked Fish Lemon Rice Peas & Carrots Peaches Milk	Chicken Taco*** Tortilla* Green Beans Pineapples Milk	Bean Goulash*** Rice* Carrots Applesauce Milk	Turkey & Swiss Tortilla* Cabbage Slaw Peaches Milk	Beef Sloppy Joe Sliced Bread* Cucumbers Pears Milk
Vegetarian We substitute the meat protein with a vegetarian alternative.	Lentils & Rice	Refried Beans & Tortilla	None	Refried Beans & Tortilla	Bean Burger
Snack	Turkey & Cheese with Crackers*	Bananas & Rice* Pudding***	Graham Crackers* & Orange Wedges	Toasted Oats* & Milk	Applesauce & Goldfish Crackers*

- All milk served is unflavored. Children 2+ years old are served either low-fat (1%) or fat-free milk. 1 year old children are served whole milk.
- WGR or * indicates whole grain rich.
- HM or *** indicates homemade.



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